



Music Ed Insights



Three Insights to take with you from...
Work Smarter (Not Harder)
with Tanya LeJeune and Carrie Nicholas

Burnout prevention:

- Develop a community of like-minded professionals.
- Use whatever control you have to limit your obligations outside the school day.
- Consider performing at high-visibility community events instead of standard concerts.

When you have new students of other cultures, ask them to sing or share a favorite song from their childhood.

- Make it safe by catching them at recess or another time that's private.

If you have a student teacher:

- Continue to use your own established curriculum.
- Remember that this won't lighten your workload; it will increase it.
- Once the student teacher takes over, stay as invisible as possible.
- Constantly use video for coaching and self-awareness.

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