## Music Ed Insights

Three Insights to take with you from... The Value and Values of Show Choir with Dina Else

## Pointers for making an education case for show choir:

- It requires teamwork and coordination at a level unlike other musical organizations.
- It is the ensemble best suited for teaching the culturally important genres of pop music and musical theater.
- It's hard for individuals and the group to succeed without a solid balance of confidence and humility: individuals need to work to their potential while meshing with others and get out of their comfort zones. It's rare for students to BOTH naturally sing AND dance well.


## An exercise that works in ANY performance ensemble:

- after a run-through of a segment, ask musicians to close their eyes.
- say "raise your hand if you're holding back so you don't over-balance or stick out."
(You can use numbers, like "raise your hand if you're at a 4 through 7 instead of a 10 so you don't stick out.")
- say "okay - on this next run, if you raised your hand, perform at a 10 anyway, and see how it goes."
- Note that many good musicians in school groups hold back more than they need to, and this exercise helps.


## If you want to be a part of a mission to keep show choir from becoming "a monster" in your area:

- Use your influence to help keep were directors from feeling undue pressure to compete, spend, and use personal time at unhealthy levels. Remember that students don't crave the high-end pursuit of victory as much as the adults around them think they do.

